

**Request/Authorization to Release Confidential Health Information  
from Psychologist to Primary Care Physician (PCP).**

\_\_\_\_\_ I DO authorize \_\_\_\_\_ I DO NOT authorize the exchange of information **between:**

**Life Transformations, LLC**  
**Holly R. Counts, Psy.D.**  
2670 Woodman Center Court  
Kettering, OH 45420  
Phone: (937) 439-0505  
Fax: (937) 293-0650

Doctor/facility: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Client name \_\_\_\_\_ Date of birth \_\_\_\_\_

Social Security number \_\_\_\_\_

**Behavioral Health Information** (completed by therapist)

Initial date of service: \_\_\_\_\_

Presenting problem: \_\_\_\_\_

DSM-IV Diagnosis: \_\_\_\_\_

Treatment goals/clinical focus: \_\_\_\_\_

**Requested information from PCP**

HIV-related information and drug and alcohol information contained in these records will be released under this consent unless indicated here:  
\_\_\_ Do not release.

I have had explained to me and fully understand this request/authorization to release records and information, including the nature of the records, their contents, and the consequences and implications of their release. This request is entirely voluntary on my part. I understand that I may take back this consent at any time, except to the extent that action based on this consent has already been taken.

X \_\_\_\_\_  
**Signature of client/guardian**                      **Printed name**                      **Date**